



Stanhope Primary School

Learning • Success • Respect • Citizenship



Principal: Christine Owen

Phone: 03 5857 2514

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Newsletter

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Stanhope, Victoria 3623

<http://stanhopeps.vic.edu.au>

Inspiring Lifelong Learning

ISSUE 30: October 12th 2023

REMINDERS & THINGS TO DO

DATES TO REMEMBER

RUSHWORTH
P-12 COLLEGE



IN PURSUIT OF EXCELLENCE

presents...



THE POWER OF

DUCKS

...a production featuring F-6 students from
Rushworth P-12 and Stanhope Primary!

Our story follows Dr. Mallard and Dr. Muscovy as
they travel through time trying to find and fix a
new source of power.

The show features dances from each year level
and a story told by the 4-6s!

New Date!

Monday, 23rd October at 7pm

Rushworth P-12 College - N Block

ENROLMENTS

now open for 2024

Tuesday 17th of October

- ◆ Healthy Lunchbox

Wednesday 18th October

- ◆ Café Lunch Order Day
- ◆ School Council 7.00 pm

Friday 20th October

- ◆ 3-6 Summer Sports—
Postponed TBA

Mon 20th –Thurs 23rd Nov

- ◆ Gr 4-6 Melbourne Urban Camp

Monday 23rd October

- ◆ Production 7pm at Rushworth
P-12

FAMILIES

Please ensure that
your student/s bring
their own headphones
to school.

From the Principal



**Christine
Owen**

Headphones

Please check with your children that they have a working pair of headphones at school. It is essential that they have their own headphones at school.

Art Smock

Art teacher Sue has asked each student to bring an old shirt (long sleeves) or art smock to use in Art, to avoid ruining their uniforms. Please make sure their names are clearly marked on their smock.

Summer Sports – Date Change

Unfortunately, we received news yesterday that the planned sports day for next Friday 20th October, for the grade 3-6 students, has had to be postponed. There is a new proposed date, but we are waiting for confirmation of that date before proceeding with arrangements.

Sleep, Tiredness and Impact on Learning

I have noticed that students are often arriving at school quite tired on more than the odd occasion. Monday mornings often see our students arrive yawning and lethargic. Please make sure that your children get adequate amounts of sleep each night and have a solid bed-time routine with a set bed-time. Tired students cannot learn effectively.

Hay Fever

Also known for making kids tired, is hay fever. There's a few of our students who are struggling with the effects. The symptoms can be lessened with some over-the-counter medication and these can be left in the office where they will be securely kept. A completed Medication form needs to be returned with all medication. One is attached to this newsletter.

Healthy Lunch Box

Next Tuesday, students will be participating in a Healthy Lunch Box session. This will involve them selecting nutritious items for their lunch from food provided by Ky Health. They will need to bring an empty lunch container to put their selection of foods into. Students should still bring their regular snacks, which are hopefully, nutritious also! Included in this newsletter is an extract from our school's Healthy Eating Policy.

Thank You

A huge thank you to Jim Phelan who has mowed along Savige Road to keep the grass and snakes down!!!

FROM THE

**Business
Manager**



Mica will still be in the office on Tuesdays and Thursdays.

I am happy to discuss confidential payment options for fees or camps & excursions with you.

Café Lunch Orders

**3rd Wednesday
of every month**

**18th October
15th November
20th December**

EXCURSIONS

Please note that excursion permissions need to be approved on uEducateUs & any money needs to be returned to the school prior to the day of the Excursion, thank you.

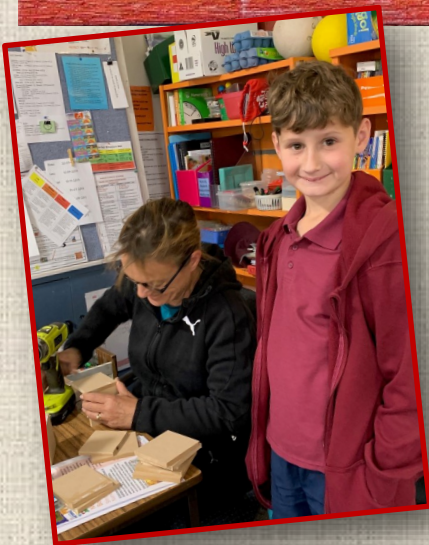
KYABRAM SHOW POSTER COMPETITION



Students have been creating posters for the Kyabram Show this week.

PRACTICAL WOODWORKING

with Mrs Foley



Students have been making wooden boxes with hinged lids. They have done all the preliminary measurements and planning, utilising their science and maths skills!

From the school's Health Eating Policy

Everyday, Select Carefully and Occasionally food categories

To assist the selection and supply of healthy eating options, foods and drinks have been divided into three categories.

Everyday category (Green)

Foods and drinks in the Everyday category are consistent with the Australian Dietary Guidelines and are most suitable for school food services.

Foods and drinks in the **Everyday** category are based on the basic food groups and include:

- breads and cereals, rice, pasta, noodles
- vegetables
- fruits
- dairy foods — reduced or low-fat milk, yoghurt and cheese
- lean meat and poultry, fish, eggs, nuts* and legumes (dried beans and lentils)
- water

Select Carefully category (Amber)

Foods and drinks in the **Select Carefully** category contain some valuable nutrients but may also include unhealthy ingredients. They are mainly processed foods that have fat, sugar or salt added.

Foods and drinks in the **Select Carefully** category include:

full-fat dairy foods, low-fat ice-cream

- 100 per cent fruit juices and 100 per cent fruit-juice based ices
- artificially sweetened drinks
- reduced-fat processed meats
- commercially prepared hot foods
- reduced-fat, high-fibre snack foods
- margarines, oils, spreads, sauces and gravies

Occasionally category (Red)

Foods and drinks in the **Occasionally** category are not consistent with the Australian Dietary Guidelines and are not recommended at our school.

Foods and drinks in this category include:

deep-fried foods

- pastry-based or crumbed hot foods
- savoury snack foods — crisps, chips, biscuits
- ice-creams and ice confections — chocolate-coated and premium ice-creams, icy-poles and ice crushes
- cakes, muffins, sweet pastries, slices, biscuits and bars cream, butter and copha

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Mental Health - Supporting Young People Through The Struggles Of Flood Recovery

Presentations by Dr Michael Carr-Gregg

In response to community feedback, Campaspe Shire Council is pleased to host this special presentation by Dr Michael Carr-Gregg, one of Australia's leading child and adolescent psychologists.

When: Monday, 16 October
4pm – session for educators (of any age group)
6pm – session for parents and carers

Where: **Campaspe Valley Community Centre, Edward St, Rochester**

About Dr Carr-Gregg

Dr Michael Carr-Gregg is one of Australia's highest profile child and adolescent psychologists. He wrote his PhD at the University of NSW on adolescents with cancer and named and founded CanTeen more than 30 years ago with a group of young cancer patients. He has worked as an academic, researcher, and political lobbyist. He is also the author of 14 books and is an ambassador for Smiling Mind, Big Brothers Big Sisters, Read the Play and Road Trauma Families Victoria, and sits on the National Centre Against Bullying and the federal government's Online Safety Working Group. He has been the resident parenting expert on Channel 7's Sunrise for over a decade, as well as a social commentator on the Morning Show with Neil Mitchell on Radio 3AW and Sky News.



Campaspe Shire Council's Flood Recovery Program is generously funded by the State of Victoria through Emergency Recovery Victoria's Recovery Hubs Program in response to the October 2022 flood event which impacted Victorian communities in the Shire of Campaspe.

Thank you to our generous sponsors

proPAVE
landscapes

Phil De'Ath
0418 527 365

Lina Ding
0412 266 635

KYABRAMS
MAIN STREET
BUTCHERY

"The Best Meat by Miles"

170 Allan St, Kyabram PH: 5853 2123



Kyabram CLUB
Where good friends meet



- Stanhope Supermarket
- Stanhope RSL Sub Branch

DISCLAIMER: The Department of Education & Training, and Stanhope Primary School do not endorse the products or services of any private advertiser. No responsibility is accepted by the Department or the School for the accuracy of information contained in advertisements.

PROTECT

Protecting children & young people
from abuse is our responsibility



HELP IS BUT A PHONE CALL AWAY

LIFELINE
13 11 14

KID'S HELPLINE
1800 55 1800

BEYOND BLUE
1300 22 4636

AWARDS



CITIZENSHIP: Caleb, Blake, Bonni
and Mercedes.

<https://www.facebook.com/stanhopeps/>





		<u>LOADED FRIES</u>	
		SMALL	\$ 7.50
		LARGE	\$ 11.00
		<u>BURGERS</u>	
		Bacon & Egg Roll	\$ 7.00
		Bacon & Egg Sandwich	\$ 6.50
		Chicken parma roll	\$ 12.00
		Chicken schnitzel & gravy roll	\$ 7.50
		Chicken schnitzel & salad roll	\$ 8.00
		Chicken schnitzel with the lot	\$ 12.00
		Chicken wrap with the LOT	\$ 12.00
		PLAIN	\$ 10.00
		Fish burger with the LOT	\$ 14.00
		PLAIN	\$ 12.00
		Hamburger with the LOT	\$ 12.00
		PLAIN	\$ 10.00
		Souvlaki- beef/lamb/chicken	
		LOT	\$ 12.00
		PLAIN	\$ 10.00
		Steak sandwich with the LOT	\$ 12.00
		PLAIN	\$ 10.00
		<i>Sauces- tomato, bbq, mayo, garlic, sweet chilli, hot chilli, tartare</i>	
<u>FISH 'N' CHIPS</u>			
Minimum chips	\$ 4.00		
Battered sav	\$ 3.50		
Boneless wing ding	\$ 1.50		
Calamari rings	\$ 1.50		
Chicken dim sim	\$ 2.00		
Chicken nugget	\$ 0.80		
Chiko roll	\$ 3.50		
Chilli chicken strip	\$ 2.00		
Corn jack	\$ 3.50		
Crab sticks	\$ 1.50		
Crumbed prawns	\$ 1.80		
Dim sim	\$ 1.50		
Fish bites	\$ 1.50		
Fish cakes	\$ 3.00		
<u>FISH</u>			
FLAKE	\$ 8.00		
BLUE GRENADIER	\$ 8.00		
Flat head fillets	\$ 2.00		
Garlic chicken ball	\$ 1.80		
Hash brown	\$ 1.20		
Magdala	\$ 3.50		
Mini dim sim	\$ 0.75		
Mini spring roll	\$ 2.00		
Pineapple fritter	\$ 3.00		
Pluto pup	\$ 3.50		
Potato cake	\$ 1.50		
Scallops	\$ 1.80		
South Melbourne dim sim	\$ 2.00		
Spring roll	\$ 3.50		
Wing ding	\$ 2.50		
<u>CHIPS, CHEESE & GRAVY</u>			
SMALL	\$ 6.00		
MEDIUM	\$ 9.00		
LARGE	\$ 12.00		
<i>Tomato sauce sachet</i>		\$ 0.30	
		<u>EXTRAS</u>	
		Gravy on chips	\$ 1.00
		Meat	\$ 4.00
		Bacon or Egg	\$ 2.00
		Cheese or Pineapple	\$ 1.00
		Squeezy sauce - per sachet	\$ 0.30
		Small salad	\$ 5.00
		Large salad	\$ 6.00
		<u>BAKERY</u>	
		Plain pie	\$ 5.00
		Flavoured pie	\$ 5.50
		Sausage Roll	\$ 4.50
		Pastie	\$ 4.80
		Salad only rolls	\$ 6.00
		Meat and salad rolls	\$ 7.00
		Salad only sandwich	\$ 5.50
		Meat and salad sandwich	\$ 6.50
		Salad wraps	\$ 7.00
		Salad Tubs Small	\$ 5.00
		Salad Tubs Large	\$ 6.00
		Fruit Tub Small Term 1 & 4 only	\$ 4.00
		Fruit Tub Large Term 1 & 4 only	\$ 5.00

Child safety and wellbeing at Stanhope Primary School

information for families and the school community

The Victorian Government has announced new [Child Safe Standards](#) to further strengthen child safety across organisations, including schools. The new standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Stanhope Primary School has reviewed and updated our child safety policies and procedures to ensure they meet the requirements of the new standards. These are available to view our school's website, via UeducateUs, and at the school's front office].

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

If you have any suggestions, comments or questions, please contact Stanhope Primary School at stanhope.ps@education.vic.gov.au or by phone on 03 5857 2514.

Victoria's Child Safe Standards

- **Child Safe Standard 1** – Establish a culturally safe environment in which the diverse and unique identities and experiences of Aboriginal children and young people are respected and valued.
- **Child Safe Standard 2** – Ensure that child safety and wellbeing are embedded in school leadership, governance and culture.
- **Child Safe Standard 3** – Children and young people are empowered about their rights, participate in decisions affecting them and are taken seriously.
- **Child Safe Standard 4** – Families and communities are informed and involved in promoting child safety and wellbeing.
- **Child Safe Standard 5** – Equity is upheld and diverse needs are respected in policy and practice.
- **Child Safe Standard 6** – People working with children and young people are suitable and supported to reflect child safety and wellbeing values in practice.
- **Child Safe Standard 7** – Ensure that processes for complaints and concerns are child focused.
- **Child Safe Standard 8** – Staff and volunteers are equipped with the knowledge, skills and awareness to keep children and young people safe through ongoing education and training.
- **Child Safe Standard 9** – Physical and online environments promote safety and wellbeing while minimising the opportunity for children and young people to be harmed.
- **Child Safe Standard 10** – Implementation of the Child Safe Standards is regularly reviewed and improved.
- **Child Safe Standard 11** – Policies and procedures that document how schools are safe for children, young people and students.
- Ministerial Order 1359 provides the framework for child safety in schools.

FOUR CRITICAL ACTIONS FOR SCHOOLS

Responding to Incidents, Disclosures and Suspicions of Child Abuse

1 RESPONDING TO AN EMERGENCY

If there is no risk of immediate harm go to **Action 2**

If a child is at immediate risk of harm you **must** ensure their safety by:

- separating alleged victims and others involved
- administering first aid
- calling **000** for urgent medical and/or police assistance to respond to immediate health or safety concerns
- identifying a contact person at the school for future liaison with Police.

Where necessary you may also need to maintain the integrity of the potential crime scene and preserve evidence.

2 REPORTING TO AUTHORITIES / REFERRING TO SERVICES

As soon as immediate health and safety concerns are addressed you **must** report all incidents, suspicions and disclosures of child abuse as soon as possible. Failure to report physical and sexual child abuse may amount to a criminal offence.

Q: Where does the source of suspected abuse come from?

WITHIN THE SCHOOL

VICTORIA POLICE
You **must** report all instances of suspected child abuse involving a school staff member, contractor, volunteer or visitor to Victoria Police.

You **must also** report internally to:

- GOVERNMENT SCHOOLS**
 - School principal and/or leadership team
 - Employee Conduct Branch
 - DET Incident Support and Operations Centre.
- CATHOLIC SCHOOLS**
 - School principal and/or leadership team
 - Diocesan education office.
- INDEPENDENT SCHOOLS**
 - School principal and/or school chairperson
 - Commission for Children and Young People on **1300 782 978**

All allegations of 'reportable conduct' **must** be reported as soon as possible to:

- GOVERNMENT SCHOOLS**
 - Employee Conduct Branch
- CATHOLIC SCHOOLS**
 - Diocesan education office
- INDEPENDENT SCHOOLS**
 - Commission for Children and Young People on **1300 782 978**.

OTHER CONCERNS

If you believe that a child is not subject to abuse, but you still hold **significant concerns** for their wellbeing you **must** still act. This may include making a referral or seeking advice from:

- Child FIRST/The Orange Door (in circumstances where the family are open to receiving support)
- DHHS Child Protection
- Victoria Police.

3 CONTACTING PARENTS/CARERS

Your principal **must** consult with DHHS Child Protection or Victoria Police to determine what information can be shared with parents/carers. They may advise:

- not to contact** the parents/carer (e.g. in circumstances where the parents are alleged to have engaged in the abuse, or the child is a mature minor and does not wish for their parent/carer to be contacted)
- to contact** the parents/carers and provide agreed information (this must be done as soon as possible, preferably on the same day of the incident, disclosure or suspicion)
- how to communicate** with all relevant parties with consideration for their safety.

4 PROVIDING ONGOING SUPPORT

Your school **must** provide support for children impacted by abuse. This should include the development of a **Student Support Plan** in consultation with wellbeing professionals. This is an essential part of your duty of care requirements.

Strategies may include development of a safety plan, direct support and referral to wellbeing professionals and support.

You **must** follow the **Four Critical Actions** every time you become aware of a further instance or risk of abuse. This includes reporting new information to authorities.

YOU MUST TAKE ACTION

You **must** act, by following the Four Critical Actions, as soon as you witness an incident, receive a disclosure or form a reasonable belief* that a child has, or is at risk of being abused.

As a school staff member, you play a **critical role** in protecting children in your care.

You **must** act if you form a suspicion or reasonable belief, even if you are unsure and have not directly observed child abuse (e.g. if the victim or another person tells you about the abuse).

*A reasonable belief is a deliberately low threshold. This enables authorities to investigate and take action.

CONTACT

DHHS CHILD PROTECTION

- AREA
- North Division **1300 664 977**
 - South Division **1300 655 795**
 - East Division **1300 300 391**
 - West Division (Rural) **1800 075 599**
 - West Division (Metro) **1300 664 977**

AFTER HOURS

After hours, weekends, public holidays **13 12 78**

CHILD FIRST

<https://services.dhhs.vic.gov.au/federal-and-support-teams>

ORANGE DOOR

<https://www.vic.gov.au/familyviolence/the-orange-door.html>

VICTORIA POLICE

000 or your local police station

DET INCIDENT SUPPORT AND OPERATIONS CENTRE

1800 126 126

INCIDENT MANAGEMENT AND SUPPORT UNIT

1800 126 126

EMPLOYEE CONDUCT BRANCH

(03) 9637 2595

DIOCESAN OFFICE

- Melbourne **(03) 9267 0228**
- Ballarat **(03) 5337 7135**
- Sale **(03) 5622 8600**
- Sandhurst **(03) 5443 2377**

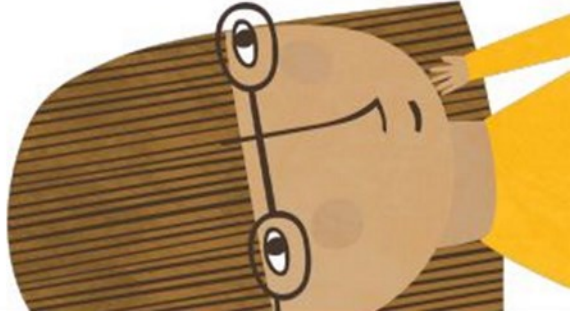
INDEPENDENT SCHOOLS

VICTORIA (03) 9825 7200

THE LOOKOUT

The LOOKOUT has a service directory, information, and evidence based guidance to help you respond to family violence: <http://www.lookout.org.au>

Family violence victims/survivors can be referred to **1800 Respect** for counselling, information and a referral service: **1800 737 732**



PROTECT

THE EDUCATION STATE

VICTORIA

CECV





Stanhope Primary School

Midland Highway, PO Box 19, Stanhope VIC 3623

Phone: 5857 2514 Mobile: 0419 548 319

Email: stanhope.ps@edumail.vic.gov.au

Medication Authority Form for a student who requires medication whilst at school

This form should be completed ideally by the student's medical/health practitioner, for all medication to be administered at school. For those students with asthma, an Asthma Foundation's *School Asthma Action Plan* should be completed instead. For those students with anaphylaxis, an ASCIA *Action Plan for Anaphylaxis* should be completed instead. These forms are available from the Australasian Society of Clinical Immunology and Allergy (ASCIA): <http://www.allergy.org.au/health-professionals/ascia-plans-action-and-treatment>.

Please only complete those sections in this form which are relevant to the student's health support needs.

Name of School: _____

Student's Name: _____ Date of Birth: _____

MediAlert Number (if relevant): _____ Review date for this form: _____

Please Note: wherever possible, medication should be scheduled outside the school hours, e.g. medication required three times a day is generally not required during a school day: it can be taken before and after school and before bed.

Medication required:

Name of Medication/s	Dosage (amount)	Time/s to be taken	How is it to be taken? (eg orally/topical/injection)	Dates
				Start date: / / End Date: / / <input type="checkbox"/> Ongoing medication
				Start date: / / End Date: / / <input type="checkbox"/> Ongoing medication
				Start date: / / End Date: / / <input type="checkbox"/> Ongoing medication

Medication Storage

Please indicate if there are specific storage instructions for the medication:

Medication delivered to the school

Please ensure that medication delivered to the school:

- Is in its original package
- The pharmacy label matches the information included in this form.

Self-management of medication

Students in the early years will generally need supervision of their medication and other aspects of health care management. In line with their age and stage of development and capabilities, older students can take responsibility for their own health care. Self-management should follow agreement by the student and his or her parents/carers, the school and the student's medical/health practitioner.

Please advise if this person's condition creates any difficulties with self-management, for example, difficulty remembering to take medication at a specified time or difficulties coordinating equipment:

Monitoring effects of Medication

Please note: School staff *do not* monitor the effects of medication and will seek emergency medical assistance if concerned about a student's behaviour following medication.

Privacy Statement

The school collects personal information so as the school can plan and support the health care needs of the student. Without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorised or required by another law. You are able to request access to the personal information that we hold about you/your child and to request that it be corrected. Please contact the school directly or FOI Unit on 96372670.

<u>Authorisation:</u>
Name of Medical/health practitioner:
Professional Role:
Signature: Date:
Contact details:
Name of Parent/Carer or adult/Mature minor**:
Signature: Date:

If additional advice is required, please attach it to this form

**Please note: Mature minor is a student who is capable of making their own decisions on a range of issues, before they reach eighteen years of age. (See: [Decision Making Responsibility for Students - School Policy and Advisory Guide](#)).