



Stanhope Primary School

Learning • Success • Respect • Citizenship



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Newsletter

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Inspiring Lifelong Learning

ISSUE 3: February 11th 2021

REMINDERS & THINGS TO DO

COVID Contact Tracing for Visitors & Families

All visitors and adults **MUST** enter via the main front door. They must also hand sanitise, and sign the visitors book for contact tracing.

Icycups are every Thursday

Students can bring along 50 cents for a Zooper Dooper at lunchtime. Students are responsible for their own money- not the teachers.

This year's **Safer Internet Day** launched on Tuesday.

Our students are participating in the activities and online classrooms.

But what are you doing to 'Start The Chat'?

Here's a link to help get you started.

<https://www.esafety.gov.au/about-us/events/safer-internet-day-2021/family-and-friends>

DATES TO REMEMBER

Monday 8th February to Friday 19th February

- ◆ Water Safety & Awareness Program (2 weeks)

Monday 15th February

- ◆ LIBRARY

Wednesday 17th February

- ◆ School Council 7pm via Webex or on-site

Friday 26th February

- ◆ PUPIL-FREE DAY

Wednesdays in February

- ◆ PLEASE NOTE THAT NEW PREP STUDENTS ARE NOT REQUIRED AT SCHOOL FOR EACH WEDNESDAY IN FEBRUARY.

From the Principal

S.I.D.

The theme of this year's Safer internet Day is 'Start the Chat'. An encouragement for families to talk to their young people, from very early on about how to behave online and how to be safe online. Our young people follow the example of the others around them, so setting a good and positive example is very important.

School Council Election Process

We are pleased with the response to our call for nominations for our school council. Forms are still available from the office for anyone interested in nominating for School Council. The timeline leading up to our annual School Council Elections is included later in the newsletter.

Swimming

We've now had three days of our ten days swimming program and the teachers and I are already exhausted! So, our students are even more so! Please be patient and help them prepare their swimming needs for the next day and make sure they have nutritious snacks in their lunch and recess packs and perhaps a little extra for when they return from the pool. They use up a lot of energy! We've had several students coming to school without hats. **We are a Sun Smart school and hats must be worn every day.** The school has some limited numbers of larger sized hats for sale for \$5.00. **Please clearly name all clothing items, including hats.**

Teacher Learning

Over the remainder of the term, our teachers will be participating in a number of professional learning opportunities. These include Cultural Awareness Training and further learning around School Wide Positive Behaviour Systems and Rights, Responsibilities & Respectful Relationships.



**Christine
Owen**

FROM THE

**Business
Manager**



Mica will still be in the office on Tuesdays and Thursdays. I am happy to discuss confidential payment options for fees or camps & excursions with you.

Café Lunch Orders

Wednesdays

To be announced

REMINDER TO PARENTS:

Don't forget to check out uEducateUs each Thursday for:

- ◆ Information for families
- ◆ NEWSLETTER on-line
- ◆ Newsletter attachments
- ◆ Permission forms

Please note that excursion permissions need to be approved on uEducateUs & any money needs to be returned to the school in an envelope marked with your child's name, prior to the day of the excursion or your child risks not being able to attend.

Grade P-2

Mrs Sheedy

SAFER INTERNET DAY **Tuesday 9th February**

Students in Prep-2 discussed how to keep themselves safe on-line. We discussed how to “be safe / be kind / ask for help / make good choices”. These messages were reinforced by viewing the storybook - “Swoosh and Glide And Rule Number 5:” Swoosh and Glide are eSafety sugar glider twins, who told us about 5 rules to follow...

1. Be kind and take turns.
2. At dinnertime-no screens.
3. Use it only in shared spaces.
4. Ask before you use it.
5. No taking screens to bed.



Grade P-2

Mrs Sheedy



Stanhope Primary School is working on becoming a **“water only school”**.

Attached to the newsletter is some information about the program and the benefits of it for students. There will be an official launch day next term and you will be informed through the newsletter of our progress with the program. Students were given out a drink bottle last week at assembly.

P-2 NEWS..

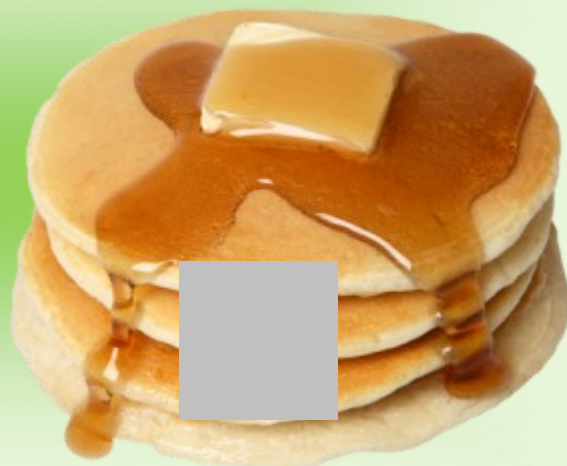
- Fruit for fruit break needs to be named in a container or plastic /paper bag, otherwise students will not be able to eat it.
Fruit that is loose e.g. apples / bananas also needs to be named at home, so that students are eating their own fruit.
- Student Requisites- please provide all items that were on the list. Especially headphones (otherwise students will not be able to use laptops and iPads) and a display book, needed for homework.



PANCAKE TUESDAY

Prep-2 students will be making pancakes next Tuesday as a class activity.

Please let Mrs Sheedy know if you don't want your child to participate (due to allergies, etc)



'Water Only Schools' Program



Aim:

The 'Water Only Schools' Program aims to improve the health of children within the Goulburn Valley region through supporting schools to inform their staff, students and community about practices that reduce health risks for children.

Goulburn Valley Water, in partnership with local health organisations, are encouraging schools to become 'Water Only' by:

- Ensuring drinking water is available to students at all times
- Not allowing students to bring sweet drinks onto school grounds
- Not allowing students to purchase sweet drinks through lunch orders/canteens
- Ensuring staff model the ideal behaviour by not bringing sweet drinks on to the school grounds

Exceptions include:

- Four days permitted as exceptions for the school year. This allows for special occasions and shows students that sugary drinks are just 'sometimes' drinks
- On school excursions or camps if the program is not convenient

Purpose:

The availability of sugary drinks at school, either in lunch boxes, the school canteen, lunch orders or vending machines, sends a message to children that they are suitable drinks. By banning them at school, it conveys a healthy message to children and this message has the potential to affect community attitudes. The purpose of this program is to encourage staff, students and their families to make smart choices about what they drink for the following reasons:

1. Health

A. *Why sugary drinks are 'sometimes' drinks?*

- Australians are very high consumers of sugary drinks. These drinks are the largest source of sugar in the Australian diet, with consumption highest in adolescents and children.
- The consumption of sugary drinks is associated with an increased risk of developing Type 2 diabetes, weight gain and obesity, which can result in numerous health complications.
- Sugary drinks are associated with tooth decay in children. This is due to the acidity of such drinks, as well as the bacterial fermentation that can occur with the consumption of sugar.
- Soft drink consumption could increase the risk of reduced bone strength.

B. *Why do students need to stay hydrated?*

- Mild dehydration can cause symptoms that affect a student's ability to learn, including headaches, tiredness, irritability, and a lack of concentration.

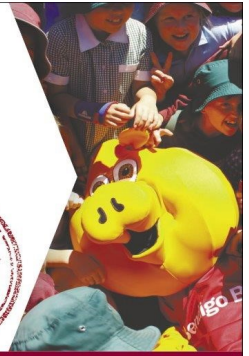
NEWSLETTER ITEMS MUST BE SUBMITTED TO THE SCHOOL OFFICE IN WRITING OR ELECTRONICALLY BY 9AM WEDNESDAY TO GUARANTEE A SPOT IN THAT WEEKS EDITION

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HELP IS BUT A PHONE CALL AWAY

LIFELINE
13 11 14

KID'S HELPLINE
1800 55 1800

BEYOND BLUE
1300 22 4636

AWARDS



GREAT CITIZENSHIP:

Kialla (absent for photo)

PREPS OFF TO A GREAT START:

Trinity.

<https://www.facebook.com/stanhopeps/>



CONGRATULATIONS!

School council election process and timetable - 2021

School council election process and timetable
STANHOPE PRIMARY SCHOOL

Event	Date
a) Notice of election and call for nominations	Thursday 11th February 2021
b) Closing date for nominations	Thursday 18th February 2021
c) Date by which the list of candidates and nominators will be posted	Friday 19th February 2021
d) Date by which ballot papers will be prepared and distributed if election required	On or before Monday 22 February 2021
e) Close of ballot	Monday 1 March 2021
f) Vote count	Tuesday 2 nd March 2021
g) Declaration of poll	Tuesday 2 nd March 2021
h) First council meeting to elect office bearers (the principal will preside)	Wednesday 17 th March 2021

Notice of school council election and call for nominations

An election is to be conducted for members of the school council of (*school name below*)

STANHOPE PRIMARY SCHOOL

Nomination forms may be obtained from the school and must be lodged by 4.00pm on

THURSDAY 18th February, 2021

The ballot will close at 4.00pm on (*insert day, month and year*).

THURSDAY 25th February, 2021

Following the closing of nominations, a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

Membership category

Parent member – one-year term of office

Term of office	Year
From the day after the date of the declaration of the poll in 20	2021
to and inclusive of the date of the declaration of the poll in 20	2022

Number of positions:

2

Membership category

Parent member – two-year term of office

Term of office	Year
From the day after the date of the declaration of the poll in 20	2021
to and inclusive of the date of the declaration of the poll in 20	2023

Number of positions:

2

Membership category

School employee member – one-year term of office

Term of office	Year
From the day after the date of the declaration of the poll in 20	
to and inclusive of the date of the declaration of the poll in 20	

Number of positions:

0