

Stanhope Primary School

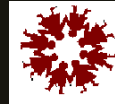
Stanhope Primary School is committed to creating and maintaining a positive and safe learning environment, where our children are protected from abuse and where we maximise individual academic and social growth through explicit teaching and taking responsibility for all our learning.

ISSUE 35: November 5th 2020

LEARNING
SUCCESS
RESPECT
CITIZENSHIP



Inspiring Lifelong Learning



Principal:
Christine Owen

Phone: 5857 2514
Mobile: 0419 548 318

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- ◆ www.facebook.com/stanhopeps
- ◆ <http://stanhopeps.vic.edu.au>

REMINDERS & THINGS TO DO

COVID Contact Tracing for Visitors & Families

All visitors and adults MUST enter via the main front door and only when on essential school business.

They must also wear a mask, use hand sanitiser, have temperature taken and sign the visitors book for contact tracing.

All information about school events, activities, permission forms and other requirements can be found via uEducateUs. Student reports will also be delivered via uEducateUs.

DATES TO REMEMBER

Thursday 5th November

- ◆ P-2 Movie Night end 8.30pm

Friday 6th November

- ◆ School Photos
Any queries including payments & refunds please ring MSP Photographers direct on 5482 3190

Tuesday 10th November

- ◆ LIBRARY

Wednesday 11th November

- ◆ Remembrance Day
Observance 11am

Tuesday 17th November

- ◆ ART

Wednesday 18th November

- ◆ School Council 7pm

Friday 20th November

- ◆ Swan Hill Pioneer Settlement
Full Day Excursion Grade 4-6

From the Principal

Uniform

As outlined last week, full school uniform must be worn to school each day, including school hats. Students are wearing hats, but not their school hats. Please make sure your child is wearing the required school hat. There are still a number of students who arrive out of uniform, even after four days without school. Please make sure your child comes to school each day in their uniform.

P-2 Movie Night

Tonight is the night! Food will be stored in the fridge if required. Collection procedures will follow COVID-19 requirements and families will be asked to wait either in the foyer or in their cars until their child is ready to be collected. We will call or text you when your child is able to be collected.

Absence Notifications

Please alert the school **before 9.00am via text** if your child is going to be absent, including the reason such as illness, appointments, etc. Rolls are marked shortly after 9.00am. Phone calls may go unanswered between 8.45 am -9.10 am as staff are often attending to other matters, including the entry process for hand sanitising and temperature taking.

Remembrance Day

This year, Stanhope Primary School students will observe Remembrance Day along with the Stanhope RSL Sub Branch. The RSL members will remain outside the school boundary, near the Memorial Gates. Students will assemble within the school boundary and participate in the minute's silence and the lowering and raising of the flag. Wreaths will be laid at the Memorial Gates initially, but will be then taken to the Stanhope War memorial in the town centre. Be aware that the current restrictions limit outdoor gatherings to a maximum of 10 people. Please acknowledge Remembrance Day at your own location and abide by the restrictions. There is also the facility to participate virtually via the Shrine of Remembrance [Facebook page](#) or [YouTube channel](#)



**Christine
Owen**

FROM THE

**Business
Manager**



Mica will still be in the office on Tuesdays and Thursdays. I am happy to discuss confidential payment options for fees or camps & excursions with you.

Café Lunch Orders

Wednesdays

18th November

16th December

WANTED !

Volunteers to collect free compost for the school, from Echuca Resources Recovery Centre by October 30

Unload site is alongside driveway of Savige Road entrance, inside school grounds
(beside rubbish bins)

See Christine Owen for details

BED FOR SALE

'Long Single' mattress and base in excellent condition. \$150. All inquiries to **Mica** on **0409 572 644**.

Supporting Healthy Eating

In addition to our school's Healthy food Policy, this site will be a very useful tool to get to know what is and isn't acceptable for school snacks and lunches.

Check your foods and drinks against Victorian guidelines for long day care, schools, retail food outlets, catering and vending machines.

At this site you can:

- ◆ Create & save recipes
- ◆ Assess menus and vending machines
- ◆ Create menus



**Christine
Owen**

The link between food, mood, and learning

We know that fuelling children with the appropriate foods helps support their growth and development. But there is a growing body of research showing that **what children eat can affect not only their physical health but also their mood, mental health and learning.**

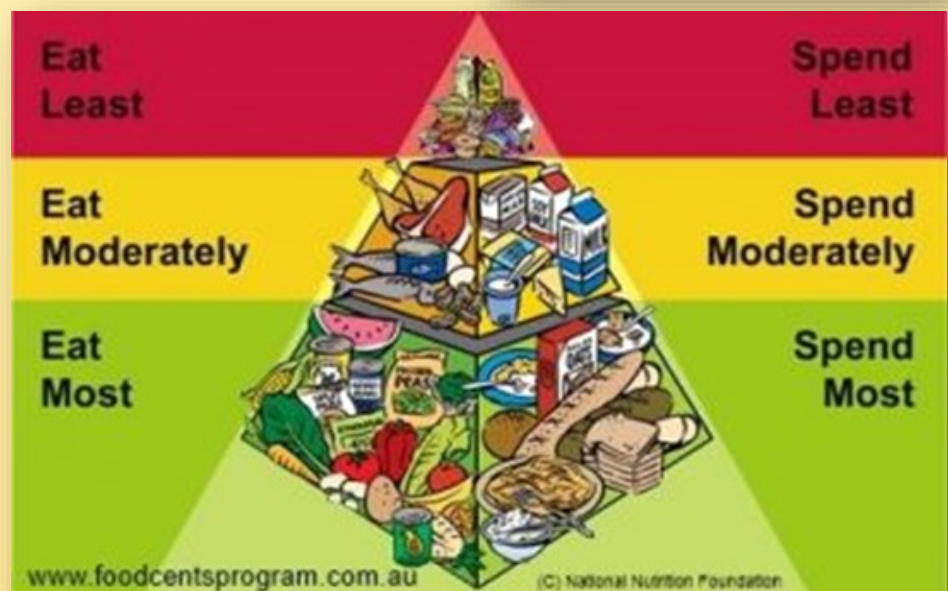
The research suggests that eating a healthy and nutritious diet can improve mental health, enhance cognitive skills like concentration and memory and improve academic performance.

Children should be eating plenty of nutritious, minimally processed foods from the five food groups:

- ◆ fruit
- ◆ vegetables and legumes/beans
- ◆ grains (cereal foods)
- ◆ lean meat and poultry, fish, eggs, tofu, nuts and seeds, and legumes/beans
- ◆ milk, yoghurt, cheese and/or their alternatives.

<https://heas.health.vic.gov.au/schools/classroom/food-mood-and-learning>

Find healthier products using the Green, Amber or Red ratings system
<http://foodchecker.heas.health.vic.gov.au/>



Photos

Photo packs have been sent home with students and should have either been returned with correct money or ordered online. Tomorrow the photographers will be here to take student photos. Please make sure your child is dressed in full school uniform on Friday.

Any queries including payments & refunds please ring MSP Photographers directly on 5482 3190

Compost

The school has vouchers to collect up to 5 cubic metres of compost from the Echuca Recycling Station before **14 November**.



We are still looking for anyone who can collect some or all of it for us. We have a volunteer driver if someone has a trailer that can be lent. Contact Christine at school if you are able to help out in any way.



Dear parents, carers and guardians,

As students in both mainstream and specialist settings recommence on-site learning in Term 4, I want to thank you all for your efforts during this challenging time. I also want to reassure you that the health, wellbeing and safety of children, young people and those involved in their education continues to be of paramount importance.

Throughout the pandemic we have closely monitored the impact of coronavirus (COVID-19) on schools; the strategies that can be implemented in schools to reduce risk; and the health impacts of coronavirus (COVID-19) on children and young people, including those with a disability or complex medical condition.

Research by Murdoch Children's Research Institute found that coronavirus (COVID-19) transmission in schools is uncommon when community transmission is low. A [summary report](#) of these findings is available to read.

With declining case numbers in the community, I am confident that the risk of coronavirus (COVID-19) transmission in mainstream and specialist schools is very low, when we have in place a range of health and safety measures.

The health and safety measures recommended for schools focus on the strategies we know are most effective. These include ensuring unwell staff and students remain home, good hand hygiene, enhanced cleaning and wearing face masks (only mandatory for those 12 years and over attending high schools). Temperature screening is not currently recommended for schools, given low levels of community transmission. I encourage you to read the [health and safety advice for schools](#) for further information on what schools are doing to keep students and staff safe.

The most important thing I ask of every family this term is to keep your child home from school if they have even the mildest coronavirus (COVID-19) symptoms and to get tested as soon as possible. Staying home when unwell is one of our strongest measures to limit the spread of the virus. For more information on what to do if your child is unwell, see this [fact sheet](#).

The good news is that evidence continues to show that children are less impacted by the virus, and are less likely to develop severe illness. Additional [advice for families](#) has been developed for those with medical vulnerabilities to support decision making about on-site learning at this time.

Working together to implement COVIDSafe strategies, I am confident Victoria's students can continue to safely attend school throughout Term 4.

Adj Clin Prof Brett Sutton

Victorian Chief Health Officer

Grade 3-6

Mrs D & Mrs Foley

This week the grade 3-6 class have been learning about Rights and responsibilities during Respectful Relationships. As a class we discussed What are rights? We referred to the United Nations Convention on the Rights of the Child and compared our list to the poster. We talked about our responsibilities, both to ourselves and others. Attached to the newsletter is the UN Convention on the Rights of the Child poster. Articles 1-42 name the rights of the child, and articles 43-54 are about how adults and governments should work together to make sure that all children's rights are protected.

A SIMPLIFIED VERSION OF THE UNITED NATIONS CONVENTION ON THE RIGHTS OF THE CHILD.



- Article 1** Everyone under 18 years of age has all the rights in this Convention.
- Article 2** The Convention applies to everyone whatever their race, religion, abilities, whatever they think or say, whatever type of family they come from.
- Article 3** All organisations concerned with children should work towards what is best for each child.
- Article 4** Governments should make these rights available to children.
- Article 5** Governments should respect the rights and responsibilities of families to guide their children so that, as they grow up, they learn to use their rights properly.
- Article 6** Children have the right to live a full life. Governments should ensure that children survive and develop healthily.
- Article 7** Children have the right to a legally registered name and nationality. Children also have the right to know their parents and, as far as possible, to be cared for by them.
- Article 8** Governments should respect a child's right to a name, a nationality and family ties.
- Article 9** Children should not be separated from their parents unless it is for their own good. For example, if a parent is mistreating or neglecting a child. Children whose parents have separated have the right to stay in contact with both parents, unless this might harm the child.
- Article 10** Families who live in different countries should be allowed to move between those countries so that parents and children can stay in contact, or get back together as a family.
- Article 11** Governments should take steps to stop children being taken out of their own country illegally.
- Article 12** Children have the right to say what they think should happen when adults are making decisions that affect them and to have their opinions taken into account.
- Article 13** Children have the right to get and to share information, as long as the information is not damaging to them or to others.
- Article 14** Children have the right to think and believe what they want and to practise their religion, as long as they are not stopping other people from enjoying their rights. Parents should guide children on these matters.
- Article 15** Children have the right to meet with other children and young people and to join groups and organisations, as long as this does not stop other people from enjoying their rights.

- Article 16** Children have the right to privacy. The law should protect them from attacks against their way of life, their good name, their family and their home.
- Article 17** Children have the right to reliable information from the media. Mass media such as television, radio and newspapers should provide information that children can understand and should not promote materials that could harm children.
- Article 18** Both parents share responsibility for bringing up their children and should always consider what is best for each child. Governments should help parents by providing services to support them, especially if both parents work.
- Article 19** Governments should ensure that children are properly cared for and protect them from violence, abuse and neglect by their parents, or anyone else who looks after them.
- Article 20** Children who cannot be looked after by their own family must be looked after properly by people who respect their religion, culture and language.
- Article 21** When children are adopted the first concern must be what is best for them. The same rules should apply whether children are adopted in the country of their birth or if they are taken to live in another country.
- Article 22** Children who come into a country as refugees should have the same rights as children who are born in that country.
- Article 23** Children who have any kind of disability should receive special care and support so that they can live a full and independent life.
- Article 24** Children have the right to good quality health care, clean water, nutritious food and a clean environment so that they will stay healthy. Richer countries should help poorer countries achieve this.
- Article 25** Children who are looked after by their local authority rather than their parents should have their situation reviewed regularly.
- Article 26** The Government should provide extra money for the children of families in need.
- Article 27** Children have the right to a standard of living that is good enough to meet their physical and mental needs. The government should help families who cannot afford to provide this.
- Article 28** Children have the right to an education. Discipline in schools should respect children's human dignity. Primary education should be free. Wealthier countries should help poorer countries achieve this.

- Article 29** Education should develop each child's personality and talents to the full. It should encourage children to respect their parents, their cultures and other cultures.
- Article 30** Children have the right to learn and use the language and customs of their families, whether or not these are shared by the majority of the people in the country where they live, as long as this does not harm others.
- Article 31** Children have the right to relax, play and to join in a wide range of leisure activities.
- Article 32** Governments should protect children from work that is dangerous or that might harm their health or education.
- Article 33** Governments should provide ways of protecting children from dangerous drugs.
- Article 34** Governments should protect children from sexual abuse.
- Article 35** Governments should make sure that children are not abducted or sold.
- Article 36** Children should be protected from any activities that could harm their development.
- Article 37** Children who break the law should not be treated cruelly. They should not be put in a prison with adults and should be able to keep in contact with their family.
- Article 38** Governments should not allow children under 15 to join the army. Children in war zones should receive special protection.
- Article 39** Children who have been neglected or abused should receive special help to restore their self-respect.
- Article 40** Children who are accused of breaking the law should receive legal help. Prison sentences for children should only be used for the most serious offences.
- Article 41** If the laws of a particular country protects children better than the articles of the Convention, then those laws should override the Convention.
- Article 42** Governments should make the Convention known to all parents and children.

The Convention on the Rights of the Child has 54 articles in all. Articles 43-54 are about how adults and governments should work together to make sure that all children get all their rights.

Go to www.unicef.org/crc to read all the articles.



unicef 

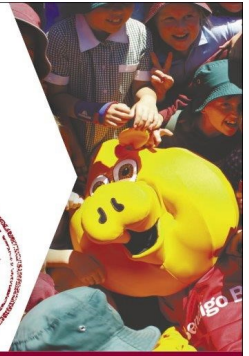
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AWARDS



LEARNING: Ayvee, Isabelle and Lennon.

SUCCESS: Ashton, Axel, Bridie, Cass, Cerese, Dallas, Declan, Elayna, Jaxon, Jinaya, Joel, Lennon, Lily, Mac, Marcus, Meila, Seth, Sienna, Taylah, Tyler R, Wil and William P.

CITIZENSHIP: Cass.

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CONGRATULATIONS!