

Stanhope Primary School

Stanhope Primary School is committed to creating and maintaining a positive and safe learning environment, where our children are protected from abuse and where we maximise individual academic and social growth through explicit teaching and taking responsibility for all our learning.

ISSUE 8: MARCH 19th 2020

LEARNING
SUCCESS
RESPECT
CITIZENSHIP



Inspiring Lifelong Learning



Principal:
Christine Owen

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- ◆ http://stanhopeps.vic.edu.au

REMINDERS & THINGS TO DO

SCHOOL HATS!!!

At the beginning of this year, each student received a free school hat. Each hat was named. We are now having students come to us saying they have lost their hat, left it at home or other reasons why they haven't got a hat, at all. These hats were as a safety net for students, who apart from preps, should have had a school hat already.



It is really disappointing to see the lack of respect students are showing towards items that they are given. Teachers and myself find hats in all sorts of places, including the toilet floors!

The distribution of the hats was a 'one off' as part of a Sun Smart grant. It will not occur again.

Please remind your children to look after their belongings and be organised each day, ready to learn.

**ATTACHED TO NEWSLETTER:
Information on the Coronavirus**

DATES TO REMEMBER

Tuesday 24th March

- ◆ ART

Thursday 26th March

- ◆ Student-led Parent-Teacher Interviews— **NO SCHOOL**

Friday 27th March

- ◆ End of Term 2.15pm Dismissal

Tomorrow's Assembly

Tomorrow's regular assembly will proceed as normal. However, those families wishing to collect students prior to the assembly, may do so from 2:50pm.

Naplan Online Testing

Students in grades 3 and 5 will need to bring working headphones to participate in the Naplan practice session THIS Monday 23rd March. They will also need them for the actual testing which is next term.

From the Principal

Coronavirus

This week, all headlines are dominated by the one topic. **Coronavirus, COVID-19.** For us, it has meant the postponement of Tuesday's planned performance at Merrigum. This is being organised for a date later in the year. When we get more details, we will advise the school community straightaway.

On Monday, I sent home the latest information we had to date from the Department. That unless the situation escalated, **Victorian Government schools would remain open.**

Please make sure you keep informed through our school management system, uEducateUs, our Facebook page, newsletters and any notes sent home.

Student Led Conferences

Next Thursday, families will be able to attend a conference with their child and their teacher/s about their work and progress so far this year.

Bookings will be through the uEducateUs system. Families who have not yet activated their uEducateUs access, will be able to see teachers or myself after school until Wednesday 25th, from 3.20-4.30pm to select an available time. This is because the booking system is a live system and we are able to see immediately which time slots are available.

Students will only be required to attend when accompanying their parents for interviews.

Have a great week everyone!
Christine Owen



**Christine
Owen**

At Stanhope Primary School we welcome families to ask questions, share concerns or information we might need about your child/ren through making a time with the principal or their child's teacher. You can now do this via 'Conversations' on uEducateUs as well as the more regular channels.

PARENTS

Please note that permission forms & money need to be returned to the school prior to the day of the excursion or your child risks not being able to attend.

Forms are unable to be printed out on the day of the excursion, so parents & guardians will have to handwrite missing permissions on the day of the excursion.

Thank you.

uEducateUs Access

Any parent who has not yet accessed our school management system, uEducateUs, and would like to be able to do so, please advise the office via phone or text and we will print out your access details.

Access will allow you to receive communication, announcements and information, end of semester student reports, view your child's attendance and book times with teachers for our upcoming Student Led Conferences, next Thursday. Now is an opportune time to come online with uEducateUs.

FROM THE

**Business
Manager**



Mica will be in the office on Tuesdays and Thursdays. I am happy to discuss confidential payment options for fees or camps and excursions with you.

Grade 3-6

Mrs D & Mrs Foley

Campaspe Tennis Trials



Last Friday Wil and Jinaya went to Echuca to play school tennis against the rest of the students in the Campaspe region.

We were put into different pools and had to play 3-4 games each against students from Echuca, Kyabram and Goornong schools.

At the end of the day whoever was in the top of their pool went through to the finals.

Wil won 2 out of his 3 games, 4-6, 6-2, 6-3 and had lots of fun.

Jinaya was able to win all of her games 6-0 including the final which means she will go onto the Regional trials which is in Swan Hill. At this stage it has been postponed until a later date.

By Jinaya Nurse and Wil Harrison

Ride 2 School



GOOD FRIDAY APPEAL Family Picnic

When: 29th March; 11:30am - 2:30pm

Where: Nanneella Estate Primary School

Admission is by donation to the

Good Friday Appeal.

Easter Egg Hunt!
(Container provided)

Piñata!

Easter Bonnet
Parade!

Raffle with lots of great prizes!

BYO picnic or Sausage Sizzle available

Family games & activities for all ages!

GIVE FOR THE KIDS



Hosted by Nanneella Community Inc.

Café Lunch Orders

This year we will be having Café Lunch Orders on the

THIRD WEDNESDAY OF EACH MONTH.

(Please mark the dates in your diary for the rest of the year.)

18th March

15th April

20th May

17th June

15th July

19th August

16th September

21st October

18th November

16th December

NEWSLETTER ITEMS MUST BE SUBMITTED TO THE SCHOOL OFFICE IN WRITING OR ELECTRONICALLY BY 9AM WEDNESDAY TO GUARANTEE A SPOT IN THAT WEEKS EDITION

PROTECT



Protecting children & young people from abuse is our responsibility

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Dairy for life

HELP IS BUT A PHONE CALL AWAY

LIFELINE
13 11 14

KID'S HELPLINE
1800 55 1800

BEYOND BLUE
1300 22 4636

AWARDS



ASSEMBLY HELD: 13th March

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Thank you to Bovine Inseminations, whose generous sponsorship will cover the replenishment of our sports equipment.



BOVINE INSEMINATIONS

HERD IMPROVEMENT SERVICE

1738 Finlay Road, TONGALA. 3621.

☎ (03) 58590763 Fax: (03) 58590219

www.bovine.com.au parky2@iinet.net.au

CONGRATULATIONS!

LEARNING: Ashton G, Bridie, Dallas, Lachie, Lilly T, Shaylah, Vince and William W.

SUCCESS: Bodhi, Breanna, Bridie, Denem, Jaxon, Kialla, Marcus, Meila, Shaylah, Vince and William W.

CITIZENSHIP: Tyler.

<https://www.facebook.com/stanhopeps/>





Ten ways to reduce your risk of coronavirus

- ✎ **WASH** hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- ✎ **TRY** not to touch your eyes, nose or mouth.
- ✎ **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ✎ **ISOLATE** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.
- ✎ **PHONE** your GP first if you need medical attention. They will tell you what to do.
- ✎ **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- ✎ **DON'T** wear a face mask if you are well.
- ✎ **BUY** an alcohol-based hand sanitiser with over 60 per cent alcohol.
- ✎ **GET** the flu shot (available April).
- ✎ **SHAKING HANDS** is optional!



Find out more

www.dhhs.vic.gov.au/coronavirus

If you are concerned, call the

Coronavirus hotline 1800 675 398 (24 hours)

Please keep Triple Zero (000) for emergencies only

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Looking after your mental health during the coronavirus outbreak

Beyond Blue recognises and understands the feelings of anxiety, distress and concern many people may be experiencing in relation to the coronavirus (COVID-19) and offers the following wellbeing advice.

Try to maintain perspective

While it is reasonable for people to be concerned about the outbreak of coronavirus, try to remember that medical, scientific and public health experts around the world are working hard to contain the virus, treat those affected and develop a vaccine as quickly as possible.

Find a healthy balance in relation to media coverage

Being exposed to large volumes of negative information can heighten feelings of anxiety. While it's important to stay informed, you may find it useful to limit your media intake if it is upsetting you or your family.

Access good quality information

It's important to get accurate information from credible sources such as those listed below. This will also help you maintain perspective and feel more in control.

[World Health Organization – coronavirus disease \(COVID-19\) outbreak](#)

[Australian Government coronavirus \(COVID-19\) health alert](#)

[smartraveller.gov.au – travel information for Australian citizens](#)

Conversations with children and young people

Families and caregivers of children and young people should discuss news of the virus with those in their care in an open and honest way. Try to relate the facts without causing alarm, and in a way that is appropriate for their age and temperament. It is important to listen to any questions they may have, to let them know that they are safe and that it's normal to feel concerned. If the media or the news is getting too much for them, encourage them to limit their exposure.

Try to maintain a practical and calm approach

Widespread panic can complicate efforts to manage the outbreak effectively. Do your best to stay calm and follow official advice, particularly around observing good hygiene habits.

The Australian Psychological Society has [advice about maintaining positive mental health during the outbreak](#).

Try not to make assumptions

To contribute to a sense of community wellbeing, try to remember that the coronavirus can affect anyone regardless of their nationality or ethnicity.

Seek support

It's normal to feel overwhelmed by news of the outbreak, particularly if you have experienced mental health issues before.

Where possible, it can help to maintain normal routines. It can also help to stay in touch with friends and family, eat a balanced diet and stay physically active.

Acknowledge feelings of distress and seek further professional support if required.

Beyond Blue has fact sheets about [anxiety](#) and offers other practical advice and resources at beyondblue.org.au.

The [Beyond Blue Support Service](#) offers short term counselling and referrals by phone and webchat on **1300 22 4636**.

You can find more information about wellbeing, quarantine and managing self-isolation [here](#).