# Stanhope Primary School

Stanhope Primary School is committed to creating and maintaining a positive and safe learning environment, where our children are protected from abuse and where we maximise individual academic and social growth through explicit teaching and taking responsibility for all our learning.

**ISSUE 38: DECEMBER 5th 2019** 

LEARNING
SUCCESS
RESPECT
CITIZENSHIP



**Inspiring Lifelong Learning** 



## Principal: Christine Owen

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- ♦ www.facebook.com/stanhopeps
- ♦ https://stanhopeps.wordpress.com

### **REMINDERS & THINGS TO DO**

### **GRADE 6 GRADUATION:**

Wednesday 18th December at Kyabram Club at 6.30pm. Graduate's meals will be paid for by the school. Guest's meals and drinks can be ordered from the menu & paid for by families.

# HEALESVILLE SANCTUARY WHOLE SCHOOL EXCURSION

Permission notes are attached to this newsletter and must be returned to school with payment for bus of \$25 by Monday 16th December. Bus departs at 6.45am and the school will not be open to students.

Please ensure that all payments, including any school fees due are made to the school office



prior to Friday 13th December as no finances will be processed in the final week of school due to preparations for End of Year procedures. *Thank you—Mica* 

### **DATES TO REMEMBER**

### **Friday 6th December**

- ♦ Healthy Breakfast 8.30am →
- **♦** Sporting Schools

#### **Tuesday 10th December**

**♦ Statewide Transition** 

#### **Wednesday 11th December**

♦ Pool Party 12.30pm

#### **Thursday 12th December**

- ◆ ART
- **♦** Sporting Schools extra sesison

#### Friday 13th December

- ◆ ART
- **♦ Town's Community Carols**

#### **Monday 16th December**

♦ Awards & Carols Night 7pm

#### Wednesday 18th December

- ♦ Grade 6 Graduation 6.30pm
- **♦** Reports attached to newsletter

#### **Thursday 19th December**

 Healesville Sanctuary Whole School Excursion

#### Friday 20th December

 End of Term Assembly at 1.15pm, 1.30pm Dismissal

### From the Principal

#### Lost property

Another reminder that any lost property remaining on the last day of term will be donated to the local op shop. Please make sure all items are collected before the end of term.

#### Cyberbullying

There was a disappointing response to this week's webinar dealing with online scams for families. Unfortunately, these webinars are not recorded so I am not able to provide information from the webinar. Attached to this newsletter is an information card about cyberbullying. Cyberbullying can have catastrophic impact on people's lives and it's important that families are prepared and equipped with accurate information and know what to do if this happens to their child. Please read the information on the card carefully and thoroughly so that you are in the best possible position to support your children.

#### Final Week Events

The final week of the school year is a very busy one. In summary, we have;

- Monday 16<sup>th</sup>- Awards and Carols Night
- Wednesday 18<sup>th</sup> grade 6 Graduation
   Final Newsletter for the year. Reports distributed
- Thursday19the Whole school excursion to Healesville Sanctuary (a VERY early start for this! 6.45 am!) Permission form attached.
- Friday 20<sup>th</sup> LAST day of the 2019 school year with assembly at 1.15pm and early dismissal at 1.30pm

### uEducateUs Sign In Kiosk Trial

We are currently trialling the sign-in kiosk app of our school management system, uEducateUs for the remaining days left this year.

On Tuesdays and Thursdays, Mica will manage the ipad kiosk at the office. On other days, visitors and families can continue to use the paper versions.

Families will have a four digit pin code which they can access via their 'My Profile' section, from the tab, 'My Kiosk login code'. This will allow them to use the kiosk to sign out their children when collecting them early.



Christine Owen

At Stanhope Primary School we welcome families to ask questions, share concerns or information we might need about your child/ren through making a time with the principal or their child's teacher. You can now do this via 'Conversations' on uEducateUs as well as the more regular channels.

#### **PARENTS**

Please note that permission forms & money need to be returned to the school prior to the day of the excursion or your child risks not being able to attend.

Forms are unable to be printed out on the day of the excursion, so parents & guardians will have to handwrite missing permissions on the day of the excursion.

Thank you.

**FROM THE** 

Business Manager



Mica will be in the office on Tuesdays and Thursdays. I am happy to discuss payment options for fees or camps and excursions with you.

#### Some Food for Thought and not from an Educator!

Following is information from an article by Victoria Prooday, an Occupational Therapist. It deals with children's mental health, the causes and remedies. Not entirely comfortable reading, but important nonetheless. The article is quite a long one, and is available from our office if you would like a copy.

# The Silent Tragedy Affecting Today's Children, (and what to do about it) Victoria Prooday, Occupational Therapist.

#### What is wrong?

Today's children are being deprived of the fundamentals of a healthy childhood, such as:

- Emotionally available parents
- Clearly defined limits and guidance
- Responsibilities
- Balanced nutrition and adequate sleep

Instead, children are being served with:

- Digitally distracted parents
- Indulgent parents who let kids "Rule the world"
- Sense of entitlement rather than responsibility
- Inadequate sleep and unbalanced nutrition
- Endless stimulation, technological babysitters, instant gratification, and absence of dull moments

#### What to do;

...Set limits and remember that you are your child's PARENT, not a friend.

- ... Don't be afraid to say "No!" to your kids.
- Provide nutritious food and limit snacks...
- Involve your child in one chore a day (folding laundry, tidying up toys, hanging clothes, etc)
- Implement consistent sleep routine ... in a technology-free bedroom.

Teach responsibility and independence. Don't over-protect them from small failures.

Don't pack or carry your child's backpack,

- Don't bring to school his forgotten lunch box/agenda,
- and don't peel a banana for a 5-year-old child. Teach them the skills rather than do it for them. .. Be emotionally available to connect with kids and teach them self-regulation and social skills:
- Turn off your phones until kids are in bed to avoid digital distraction.
- Become your child's emotional coach. Teach them to recognize and deal with frustration and anger.
- Teach greeting, turn taking, sharing, empathy, table manners, conversation skills,
- Connect emotionally Smile, hug, kiss, tickle, read, dance, jump, or crawl with your child.



Grade Two students have been working hard on an animal research project. They researched on the internet- weight, height, colour, what it eats, where it lives, predators and lifespan etc. The students then presented their information in a power-point. Families are invited into the P-2 classroom on Monday 9<sup>th</sup> December at 9:00am, to view the excellent work and effort these students have put in.



### **SWIMMING POOL PARTY**

### Wednesday 11th December at 12:30pm

- COST: \$4.20 per student, unless you have a family pool pass.
   ALL students will be responsible for their own entrance money and will give this to the pool on entry.
- We are a SunSmart school- so all students need to wear a rashie or t-shirt over their bathers. Otherwise they will need to wear their school shirt.
- Parents Club- will be providing a free sausage sizzle for lunch.
- End of day collection of students will be from the pool unless you are travelling on the bus. A teacher will be in attendance until 3:15.
- Students are able to bring spending money for the kiosk- but access times will be at the discretion of the school staff.

### Café Lunch Orders

This year we will be having Café Lunch Orders on the **THIRD WEDNESDAY OF EACH MONTH**.

(Please mark the dates in your diary for the rest of the year.)

#### **18th December**

Fruit tubs will only be available during 1st and 4th term

Sauce is \$0.30

Could parents please make sure they only order what's available on the list, that the price is correct for what they order and that the correct money is given.



### **Healthy Breakfast**

On Friday the 6th of December the Parents Club will be preparing and serving a healthy breakfast at school to celebrate the end of Walk to School month. Breakfast will be served from 8.30am onwards in the undercover area. We would like to thank the Shire of Campaspe for sponsoring this event - parents and siblings welcome to attend!

Community Carols is on Friday 13<sup>th</sup> December. We are performing at 7:00pm. Please meet at the front of the kinder at 6:50pm. Please come dressed in Christmas gear; t-shirt / hat etc.





**NEWSLETTER ITEMS MUST BE SUBMITTED TO THE SCHOOL OFFICE IN WRITING** OR ELECTRONICALLY BY **9AM WEDNESDAY** TO **GUARANTEE A SPOT IN** THAT WEEKS EDITION

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**AWARDS** 

CONGRATULATIONS!

NO ASSEMBLY LAST WEEK

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