

Stanhope Primary School

Stanhope Primary School is committed to creating and maintaining a positive and safe learning environment, where our children are protected from abuse and where we maximise individual academic and social growth through explicit teaching and taking responsibility for all our learning.

ISSUE 20: JULY 18th 2019

LEARNING
SUCCESS
RESPECT
CITIZENSHIP



Inspiring Lifelong Learning



Principal:
Christine Owen

Phone: 5857 2514
Mobile: 0419 548 318

- ◆ stanhope.ps@edumail.vic.gov.au
- ◆ www.facebook.com/stanhopeps
- ◆ https://stanhopeps.wordpress.com

REMINDERS & THINGS TO DO

POSSUM MAGIC

We are planning a whole school excursion to see a play "Possum Magic" at Riverlinks in Shepparton on September 17th. There is a tight timeframe for payment and permission, which will be six weeks prior to the performance, so we can secure our tickets and confirm numbers. Tickets will be \$10 per student. Parents Club has kindly offered to pay for the bus.

If payment and permission is NOT returned by the due date (Wednesday 7th August) those students will not be able to attend. *There will be no teaching staff at school on the day.*

Thanks to those families who have already Paid and secured their child's booking.

SCHOOL PHOTOS can be collected from the school office on Tuesdays and Thursdays.

DATES TO REMEMBER

Thursday 18th July

- ◆ Parent Occupation/Education forms due back.

Friday 19th July

- ◆ Sporting Schools

Wednesday 24th July

- ◆ School Council 7pm
- ◆ Kyabram P-12 Transition Day for grade 5-6 students
11am-2pm Recess provided
Bus pick up & drop off.

Thursday 25th July

- ◆ P-2 ART

Friday 26th July

- ◆ 3-6 ART.
- ◆ Prep Excursion to Kinder.

Tuesday 30th July

- ◆ LIBRARY

Wednesday 31st July

- ◆ Tree Planting Day

From the Principal

A very big **THANK YOU** to everyone here at Stanhope Primary School for making me feel so welcome. I am feeling very privileged to be a part of your child's education over the coming term.

A little bit about me:

I live in Moama and have two daughters Eliza aged 9 and Audrey aged 6. My husband Laurence is an agronomist. I have lived in the Campaspe area for a period of 14 years having previously come from Avenel. I have taught for a period of approximately 17 years, having recently stepped into a Leading Teacher Position at Tongala Primary School focusing on Student Engagement and Wellbeing. My educational philosophy is about educating the whole child encompassing academics but also social and emotional learning. I am looking forward to getting to know you and your children, please if you get a chance come in and say hello.

uEducateUs

Did you know that you can approve permission notes for excursions and camps on uEducateUs? All parents would have received a notification for an upcoming excursion to **Possum Magic** on the *17th of September* this year. You can go on and approve this on uEducateUs and that saves time not having to fill out a paper note. If you would like help in navigating this, come in and see Mica or myself and we would be more than happy to help you.

Facebook

While on Facebook keep a look out for all the great things happening at Stanhope Primary!

Highlights of student learning, activities and updates on the school concert will be featuring this term as well as reminders, great websites to check out, apps and podcasts that you may wish to try and listen to with your children.

School Values

The Stanhope Primary School values are Learning, Success, Respect and Citizenship. Throughout this term I will be looking out for students who are displaying these here at school. A great discussion around the dinner table is to ask 'how did you show citizenship today?'

Have a fantastic week everyone! Melissa



**Melissa
Pearce**

At Stanhope Primary School we welcome families to ask questions, share concerns or information we might need about your child/ren through making a time with the principal or their child's teacher. You can now do this via 'Conversations' on uEducateUs as well as the more regular channels.

PARENTS

Please note that permission forms & money need to be returned to the school prior to the day of the excursion or your child risks not being able to attend.

Forms are unable to be printed out on the day of the excursion, so parents and guardians will have to hand-write missing permissions on the day of the excursion.

Thank you.

FROM THE

Business Manager



Mica will be in the office on Tuesdays and Thursdays. I am happy to discuss payment options for fees or camps and excursions with you.



FAMILY MINDFULNESS MEDITATION COURSE

FACILITATOR: MARIE WYCISK

**PLACE: MUD HUT YOGA STUDIO,
622 Old Corop Road, Rushworth**

Six week introduction course: We are offering a parents and kids introduction course on meditation techniques you can practice and use in your life. Opportunities to stop and notice the way you are feeling, to make space in the here and now. So that you have choice about how you react in life.

This course is designed so children and parents can both participate. Children may attend without parents by arrangement with Marie. Each session will begin with some gentle yoga movement followed by the meditation teaching and experience.

Over 6 weeks Marie will introduce:

1. Body and Breath- interrupting your automatic pilot, noticing what you are feeling and connecting body and breath in a body scan
 2. Sitting meditation- using breath, yoga poses and noticing thoughts while finding breathing space
 3. Moving meditation – mindfulness and movement including standing and walking meditation
 4. Sound meditation- different meditation techniques including guide imagery, listening to sound
 5. Mindfulness of emotions- we experience feelings as pleasant, unpleasant and neutral, this week we will look at techniques to ride the waves of emotion and thoughts
- Silent meditation- introduction to the concept of “noble silence” and equanimity

INVESTMENT: \$60 PER CHILD / \$120 PER FAMILY for full 6 week course

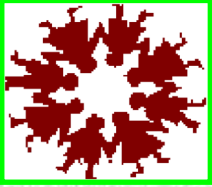
NUMBERS WILL BE LIMITED TO ALLOW FOR INDIVIDUAL ATTENTION

Registration essential

Email expressions of interest to:

sue@mudhutyoga.com.au





STANHOPE PRIMARY SCHOOL NEWSLETTER

is published each Thursday and will generally have any permission forms and information sheets attached.

Families can also request to have this sent via email.

Finally, a reminder to keep an eye on our Facebook & Twitter page, for updates and interesting events.

Twitter: [@StanhopePSVIC](https://twitter.com/StanhopePSVIC)

Facebook: <https://www.facebook.com/stanhopeps/>

SCHOOL PHOTOS

Have been delivered to the school and are available for collection from the school office on Tuesdays and Thursdays when Mica is available.

We will NOT send photo packages home unless expressly requested, as they may become damaged in students' bags.

Café Lunch Orders

This year we will be having Café Lunch Orders on the **THIRD WEDNESDAY OF EACH MONTH.**

(Please mark the dates in your diary for the rest of the year.)

17th July	21st August
18th September	16th October
20th November	18th December

Fruit tubs will only be available during 1st and 4th term

Sauce is \$0.30

Could parents please make sure they only order what's available on the list, that the price is correct for what they order and that the correct money is given.

NATIONAL SCHOOLS TREE PLANTING DAY

celebrating on

Wednesday 31st July

We have organised some seedlings for the students to plant on Wednesday 31st July at 12:30 pm with a BBQ lunch to follow.

Students will be buddied up, with senior students helping out the younger ones, to plant 2 seedlings each.

Jason Keegan has kindly offered to help on the day. This is a shout out to other family members who would also be willing and available to come and help the students out and enjoy some lunch afterwards.



NEWSLETTER ITEMS MUST BE SUBMITTED TO THE SCHOOL OFFICE IN WRITING OR ELECTRONICALLY BY 9AM WEDNESDAY TO GUARANTEE A SPOT IN THAT WEEKS EDITION

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PROTECT



Protecting children & young people from abuse is our responsibility

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AWARDS

CONGRATULATIONS!

NO ASSEMBLY LAST WEEK.

Well done to all out students who have settled in to their term 3 studies.

<https://www.facebook.com/stanhopeps/>

